

2023 Athletics Results



90m Handicap

1. **Stacey Downie - Edinburgh AC - 9.33**
2. John Paxton - Hawick
3. Caris Brus - TLJT
4. Lorne Kerr - Victoria Park City of Glasgow
5. Euan Hood - Lasswade AC
6. Jodie McMail - North Ayrshire AC

200m Handicap

1. **Fraser Neil – Kelso - 21.53**
2. Aaron Glendinning - TLJT
3. Lorne Kerr - Victoria Park City of Glasgow
4. Samantha Turnbull - TLJT
5. Jodie McMail - North Ayrshire AC
6. Caris Brus – TLJT

400m Handicap

1. **Declan Gall - Dundee - 49.27**
2. Lorne Kerr - Victoria Park City of Glasgow
3. Alister Mackay - Inverness Harriers
4. Aaron Glendinning - TLJT
5. Rory MacDonald - TLJT
6. Richard Arthurs - Livingston AC

800m Handicap

1. **Willie Bates - Tullibody - 01:52.3**
2. Paul Dumba - Kelso
3. Matthew Fleming - Kelso
4. Finlay Murray - East Sutherland AC
5. Dean Whiteford - Innerleithen
6. Declan Gaul – Dundee

1600m Handicap

1. **Angela Bell - Forfar - 4:26.66**
2. Craig Bell - Forfar
3. Robbie Welsh - Hawick
4. Paul Dumba - Kelso
5. Iain Niblock - Birnam Beavers
6. Sam Bates - Tullibody

1600m Championships

1. **Finlay Murray - East Sutherland AC - 4:49.41**
2. Robbie Welsh (2022 holder) - Hawick
3. Declan Gall - Dundee
4. Dean Whiteford - Innerleithen
5. Calum Letham - Glasgow
6. Craig Robertson – Logierait

3200m Handicap

1. **Dean Whiteford - Innerleithen - 9:43.52**
2. Angela Bell - Forfar
3. Iain Niblock - Birnam Beavers
4. Robbie Welsh - Hawick
5. Andrew Gibson - Bo'ness
6. Sean Bates - Tullibody